## Capistrano Unified School District



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Handle With Care! Your instrument is made of breakable wooden parts, so repairs can be expensive and time consuming.

Do not let anyone play your instrument unless it is your teacher or an experienced player you trust.

Never push down the case lid to make it close all the way. Before closing and latching it, check for things that may be out of place inside. ( Be sure, for example, to remove your shoulder pad before putting your instrument away )

Keep your instrument clean! After playing, wipe off the rosin dust, smudges, fingerprints, etc., with a soft clean cloth. Always wash your hands before playing your instrument.

Do not let your instrument get too hot or too cold. If the temperature is uncomfortable for you, it is also bad for your instrument. For example, never leave your instrument in a car on a hot or cold day.

Allow only an experienced repair person to fix your instrument.
Make sure your bridge is lined up correctly and standing straight at all times. If it gets out of place, ask your teacher to fix it for you.

# Lesson One: Getting Started 

## Holding your Violin

1. Make sure your shoulder rest is placed on on your violin correctly
2. Stand or sit "tall" keeping your head facing forward
3. Holding the violin parallel to the floor by the right upper shoulder and guiding it with your right hand, bring it toward you at an angle to your left
4. As you bring the violin toward you, place the
 end button close to your throat. Turn your head slightly to the left and tuck the edge (the bump) of your chin rest under your jaw to the left of your chin.
5. If your position is correct, you should feel relaxed and comfortable-able to easily move your head up and down and side to side. Your shoulder rest should allow you to hold your violin with no help from your hands.

## Pizzicato Position



1. Place the tip of your right thumb on the side of the fingerboard (near the corner)
2. Extend your first finger and pluck the string about 2-3 inches over the end of the fingerboard.
3. Keep your thumb anchored on the side of the fingerboard
4. For the best sound, make the string vibrate as much as possible.

The Violin has four open strings.
They are named from lowest to highest, left to right, and thick to thin. This sentence will help you remember which order they are in:
Good Dogs Always Eat.


## Let's Review how to hold the violin in playing position.

1. Stand or sit tall.
2. Instrument rests on left collar bone and shoulder
3. Jaw drops comfortably onto the chinrest (heavy head)
4. Left hand rests on the shoulder of the violin
5. Place left elbow directly beneath wrist/shoulder line
6. Rock House

D D D D
D D D D D D D D


2 Rock Hound
AAAA AAAA AAAA AAAA
3. Rock Tango

DDAA DDAA A ADD A AD D
4. The Twist

GGDD GGDD AADD GGGG

## 5. Lazy Afternoon

GGDD A ADD GGDD A AGG

## 6. Skip to My Lou

DDDD A A A A DDDD A A D D

## 7. Mary Had a Little Lamb

D D D D D D D D A A A A D D D D
DDDD DDDD A A A A D - D -
8. Cycle of Strings $\gtreqless=$ Quarter Rest (one beat of silence)

EEEE AAAA DDDD GGGG? ! ! ! ! ! GGGG DDDD AAAA EEEE
*Pencil Fun- Do You Remember the Parts of the Violin?


1. $\qquad$
2. $\qquad$
3. $\qquad$
4. $\qquad$
5. $\qquad$
6. $\qquad$
7. $\qquad$
8. $\qquad$
9. $\qquad$
10. $\qquad$
11. $\qquad$
12. $\qquad$
13. $\qquad$
14. $\qquad$

## Lesson Two: Whole, Half, and Quarter Note Rhythms

Time signatures appear at the beginning of a piece of music music. They are made up of two numbers.


The top number indicates the number of beats per measure. The bottom number indicates which note will get one beat.

In $\frac{4}{4}$ time there are four beats in each measure.

| $\left[\begin{array}{l} \text { A quarter note }(\bullet)=1 \text { beat } \\ \text { A half note }(d)=2 \text { beats } \\ \text { A whole note }(0)=4 \text { beats } \end{array}\right.$ |
| :---: |
|  |  |

1. Clap the rhythm while counting the beats out loud.

2. Write the count below the notes and then clap the rhythm while counting the beats out loud.


Rests are used in music to indicate silence.
A quarter rest ( $\ddagger$ ) = 1 beat A half rest $(\underline{m})=2$ beats
A whole rest ( $\quad$ ) $=4$ beats

3. Write the count below the rests.

4. Write the count below the notes and rests, then clap and count the rhythm out loud.


## Rhythm Clap and Count \#1

Write the count below the notes and rests.
Clap the rhythms while counting out loud.
Example $\boldsymbol{\|} 4 \begin{array}{lllllllll}4 & d & d & 2 & d & 0 & & d & d \\ 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4\end{array}$



## Lesson Three: Open Strings

## Music Symbols

$9=$ Treble Clef
$4=$ Time Signature how many beats in each measure which note gets one beat
| = Bar Line (divides the music into sections called "measures")

| $\boldsymbol{Z}=$ Double Bar (the end of the song) | $\boldsymbol{O}=$ Whole Note (receives four beats) |
| :--- | :--- |
| = Quarter Rest (one beat of silence) | $0=$ Half Note (receives two beats) |
| = Half Rest (two beats of silence) | $\quad=$ Quarter Note (receives one beat) |

9. Teeter Totter

10. Bullfrog

11. Crossing the Strings

12. Skip to My Lou
64
©
(1)
(1) (1)
(A)
A
AA A A d

(1) (1) (1)
(4)
d
©


## 13. Mary Had a Little Lamb



14. Cycle of Strings


15. Open String Blues



## Lesson Four: Using the Bow

## Parts of the bow

Steps to a good bow hold.....


1. Middle fingers curve over the bow stick

Tip
Stick

Bow Hair

2. Thumb touches where frog meets the stick

3. Check for bow hand circle the stick.

5. Little finger (pinkie) sits on top of the stick


At first, play in this area of your bow
a. Place your bow on the D string, halfway between the bridge and the fingerboard.
b. Angle the bow so it is parallel with the bridge (your wrist should be bent upwards.)
c. Pull the bow so it remains parallel to the bridge until you reach the tip. (You should need to bend your wrist the other way.)
d. Move the bow and your wrist in the opposite direction

$\varlimsup_{=\text {Down bow (Pull Bow from frog to tip) }}$
$V_{=\text {Up Bow (Push Bow from tip to frog) }}$

**The bow alternates back and forth unless marking is placed. Orchestra bows should all move together in the same direction.

## 16. Bowing on "D"


17. Bowing on "A" - Tilt the bow to the A String

18. Alternate "DNA" - Tilt the bow from the D String to the A String Changing Strings: Your elbow is responsible for changing strings.

19. "D" Smooth One

20. Smooth "A"
644 AA A AA A A A A A A AA A A
21. D NA

22. Teeter Totter

23. Cycle of Strings Encore




Lesson Five: "B" on the A String

24. A to B

644 А А А А

## 25. Smooth Sailin'



## 26. Back and Forth


27. Two Note Jive


Lesson Six: C\# on the A String


To play C-Sharp, press the tip of your second finger on the second stripe on the A string.

Reminder: Keep your first finger on the first stripe.
28. Three Note Hill

29. Up and Down
$64^{\text {® }}$



(B)
(A)
(4) 1
30. Fast and Slow $\boldsymbol{\text { E }}$ half rest ( 2 beats of silence)

31. Hot Cross Buns $\boldsymbol{O}=$ whole note (receives 4 beats)



## , 32. Mary Had a Little Lamb





## Eighth Note Rhythms

The rhythmic value of an eighth notes is one half of a beat. Eighth notes may be written with a flag or a beam. If an eighth note appears by itself, it will have a flag. If two or more eight notes appear in a row, they will often be beamed together.


Use a plus sign $(+)$ when writing the count for eighth notes.


1. Clap the rhythm while counting out loud.

2. Write the count below the notes and then clap the rhythm while counting out loud.


## Eighth Note Clap and Count

Write the count below the notes and rests.

$12+341+2+3+4+$


$$
9=\text { Bow Lift }
$$

(lift the bow off the string and reset it at the frog)
34. Claire de Lune


35. Lune de Claire

,


## 36. The Reapers





To play High D, press the tip of your third finger on the third stripe on the A String.
Keep your first two fingers down on the first two stripes on the A String.
KEEP ALL FINGERS DOWN

## 37. Going Up the A String


38. Going Down the A String

39. Shark Week


40. Bile Them Cabbage Down :| = repeat sign

go back to beginning and play again

## 41. A String Note Review

Match the note with the finger numbers
B
2 on A string
C\#
3 on the A string

A
1 on the A string
D
open A string

## 42. Place a number (1-5) in the blanks to put the 5 steps to a good bow grip in order.

$\qquad$ Thumb touches where frog meets the stick

Wrap your fingers around the stick

Check for bow hand circle

$\qquad$ Middle fingers curve over the bow stick

$\qquad$ Little finger (pinkie) sits on top of stick

***Lessons 5, 6, and 7 have been using the notes on the A-String. All of Lessons 8 and 9 are on the D-String.

## Lesson 8: New Note "E" on the D String



## 44. First Finger Workout



45. Accelerator

(E)
(D)

> (E)

$V$
(1)
(E)

(1) © E (E) (D)

## 46. Two By Two

61
. d
© E

(

(
© © © ©
(d) 1

## Lesson 9: F\# on the D String



To play F-Sharp, press the tip of your second finger on the second stripe on the $D$ string.

Reminder: Keep your first finger down on the first stripe.
47. Up and Down

48. Hot Cross Buns on the D String

49. Mary Had a Little Lamb on the D String


50. Mary Double on the D String


bio
51. Claire de Lune on the D String : $\quad=$ Repeat Sign


Go back to the
beginning and play again

## Lesson 10: G on the D String



To play G, press the tip of your third finger on the third stripe on the $D$ string.
**Reminder: Keep your first two fingers down on the first two stripes.
52. Up the D string

53. Down the D String

54. Skipping Along the D String


## 55. Jolly Fellows



## Lesson 11: Crossing Strings

Notes on the D String


Notes on the A String

56. Crossing Over


57. Climbing the D Scale (Ascending)


58. Going Down the D Scale (Descending)


$\checkmark$ 59. Twinkle, Twinkle Little Star



$\checkmark$ 60. Twinkle (Variation)







## $\checkmark$ 61. French Folk Song






62. Note Review- Write the note names for all the notes you have learned so far


High E: play your open E String
$\checkmark$ 63. Tuneful Tune




$\checkmark$ 64. Ode to Joy





Honor $4^{\text {th }}$ Grade String Songs
65. Mary on the A String


66. Mary Doubles- ( $1^{\text {st }}$ Variation)

67. Twinkle Twinkle, Little Star



68. Twinkle Variation






69. French Folk Song


§ ${ }^{\circ}$

70. Ode to Joy





## 71. Tuneful Tune





$V \quad V$ off (Pluck')

## Some Basic Rhythmic Fundamentals

| Note Values |  |  | Rest Values |
| :---: | :---: | :---: | :---: |
| Quarter Note d | = one beat | Quarter Rest | < = one beat |
| Half Note $\delta$ | = two beats | Half Rest | E = two beats |
| Dotted Half Note d. | $=$ three beats | Whole Rest | E = four beats |
| Whole Note 0 | = four beats |  |  |

## 72. Quiz



Directions: Match each note to the number of beats it gets


String Instrument Word Search


## Reading Music

| Staff |  |
| :--- | :--- |
| Treble Clef | A music staff has five lines and four spaces. <br> The treble clef is located at the beginning of every staff <br> and tells us this music is for violin and other high pitched <br> instruments. |
| The top number tells us how many beats are in each |  |
| measure. The bottom number tells us which kind of note |  |
| receives one beat. |  |



## 4 Steps to Success

1. Count and clap the rhythms.
2. Clap and sing the note names.
3. Sing note names and shadow bow.
4. Play.

## Note Name and Fingering Reference Chart



E on the D String
$\mathbf{E}$ is located on the first line.
Open D is located below the staff.
73. First Finger March


## 74. Flash-E First


75. Mix Em Up


## 76. ED Takes a Stroll



## 77. Diz-E-Dog



There are four counts in each measure. Write each count in the correct space. Start each measure with count one.

$F \#$ is located on the first space.
$E$ is located on the first line.
Open D is located below the staff.
78. New Note F\#


## 79. Let's Read F\#


80. Climbing Up


## 81. Black and White



$$
\%=\text { A Quarter Rest is one beat of silence. }
$$

82. Resting


## 83. Walking Song



F\# Tunes


Lift bow off of the string and reset at the frog.

84. The Reapers

85. Skip-A-Long

86. Claire de Lune

87. Lune de Claire


## More $\mathrm{F}^{\#}$ Tunes

88. Write the note names on the lines below.

89. Name That Tune $\qquad$

90. Name That Tune


## 91. Peter's Hammer



## G D A E <br> G on the D String



## 92. Three Plus G

$G$ is located on the second line.
F\# is located on the first space.
$E$ is located on the first line.
Open D is located below the staff.

93. Going Up and Down

94. Go, Go, Go

95. Grasshoppers

96. Norwegian Folk Song

97. Pizzicato March


## G Tunes

## KEY SIGNATURE



In this key signature you will play all F 's as $\mathrm{F}^{\#}$ 's and all C's as C ${ }^{\# \prime}$ s. The key signature is always located at the beginning of each line. You will notice that there are no longer any sharps located in the songs.

## 98. Cockroaches


99. Speed Bump
(Lift)

100. Clown Dance (Play 3 Times)

101. Write the correct note letter name under each note


1. $\qquad$ 2. $\qquad$ 3.
2. $\qquad$ 5. $\qquad$
3. $\qquad$
4. 

102.Draw four $E$ quarter notes 2. Draw four $F^{\#}$ quarter notes 3. Draw two $G$ half notes


## Crossing Strings: New Note A


$A$ is located on the second space. G is located on the second line.
$\mathrm{F} \#$ is located on the first space.
$E$ is located on the first line.
Open D is located below the staff.

104. Crossing Over

105. Climbing to A

106. Merry Dance


## A Tunes

## 107. Jingle Bells




108. Skipping Around

109. Lightly Row


110. A to $B$

## B on the A String



B is located on the third line.
Open A is located on the second space.


## 111. Apples and Bananas



## 112. Old MacDonald


= Each eighth note is half of a beat. Two eighth notes equal one beat.

Ex:


$$
\begin{array}{llllllll} 
& & & & & & & \\
1 \& & 2 & \& & 3 & 4 & \&
\end{array}
$$

4. Count and Clap


## 113. Baa Baa Black Sheep



115. Apples, Bananas, and Cherries

116. Merry Go Round


## 117. Go Tell Aunt Rhodie


118. Name That Tune


## 

## 119. Reaching for High $D$



## 120. Donkey Song



## 121. Rockin' on the A String



## 122. D Major Scale and Arpeggio



## D Tunes

$$
\text { 目 } \cdot \| \text { A Repeat Sign tells you to repeat the music. }
$$



## 123. School March



## 124. Bohemian Folk Song



## 125. Scotland's Burning




## 126. Camptown Races



## 127. Can Can



## Hoedown

VIOLIN
1


5


9


13


17


21


25


29


## Honor Songs

## Mary Had a Little Lamb



Mary Doubles


## Twinkle, Twinkle Little Star



## Twinkle Variation

触.............................



## French Folk Song



Ode to Joy


## Tuneful Tune



## Glossary of Terms

Accidentals (\#,モ, b): sharp, natural, and flat symbols for altering pitch.

Arco: to play using the bow.
Arpeggio: notes of a chord played separately.

Beat: the pulse of the music.
Bow lanes: point of contact of the bow, near the bridge or near the fingerboard.

Bow lift: lift the bow from the string and return to the frog in a circular motion.

Clef sign: located at the beginning of each line of music, the clef sign defines the letter names for the lines and spaces on the staff for your instrument.

Col legno: or more precisely col legno battuto (Italian for "hit with the wood"), is an instruction to strike the string with the stick of the bow.

Down bow: moving bow toward tip; pull.
Duet: music in two parts.
Fermata: symbol indicating to hold a note longer.

Key signature: identifies notes that are raised or lowered.

Ledger lines: extend the staff with small lines written above or below.

Legato: play with smooth bow strokes.
Measure: the space between barlines.
Octave: a pitch that is eight notes higher or lower and both pitches have the same letter name.

Pizzicato (pizz.): pluck the string with the index finger of the right hand.

Repeat sign: go back and play a section of music again.

Scale: a set of eight notes in ascending or descending order that begins and ends on the same letter.

Spiccato: bowing technique for string instruments in which the bow bounces lightly upon the string.

Staccato: stopped bow stroke.
Staff: 5 lines and 4 spaces, used for writing music.

Time signature: indicates how many beats are in a measure (top number) and what kind of note gets one beat (bottom number).

Tremolo: shake the bow back and forth rapidly as if trembling.

Up bow: moving bow toward frog; push.

## Note Name and Fingering Reference Chart




## Across:

1. 5 lines and 4 spaces, used for writing music
2. play with smooth bow strokes
3. identifies notes that are raised or lowered ( 2 words)
4. extend the staff with small lines written above or below (2 words)
5. lift the bow from the string and return to the frog in a circular motion (2 words)
6. shake the bow back and forth rapidly as if trembling
7. a set of eight notes in ascending or descending order that begins and ends on the same letter
8. symbol indicating to hold a note longer
9. pluck the string with the index finger of the right hand
10. notes of a chord played separately
11. stopped bow stroke
12. moving the bow toward frog; push (2 words)
13. indicates how many beats are in a measure (top number) an what kind of note receives one beat (bottom number) ( 2 words)

## Down:

2. located at the beginning of each line of music, this symbol defines the letter names for the lines and spaces on the staff for your instrument ( 2 words)
3. the pulse of the music
4. go back and play a section of music again (2 words)
5. points of contact of the bow, near the bridge or near the fingerboard (2 words)
6. music in two parts
7. the space between barlines
8. a pitch that is eight notes higher or lower and both pitches have the same letter name
9. bowing technique for string instruments in which the bow bounces lightly upon the string.
10. sharp, natural, and flat symbols for altering pitch
11. to play using the bow
12. moving bow toward tip; pull ( 2 words)
13. an instruction to strike the string with the stick of the bow ( 2 words)

## Complete the Story



Each group of notes spells a word. Use the words to fill in the blanks in the following story. The number "1" group spells the word for the number "1" blank, the number " 2 " group spells the word for the number " 2 " blank, and so on.
(1) and her mom and $\qquad$ (2) were moving into a new home at the $\qquad$ (3) of town. It was their last night in the old house. Everything was moved out except a $\qquad$ (4), some $\qquad$ (5), and a sleeping $\qquad$ (6). $\qquad$ (7) said, "It sure is $\qquad$ (8) around here." She $\qquad$ (9) to have a party that last night, but $\qquad$ (10) said it was a $\qquad$ (11) time to have friends over, and, too it was late. Mom $\qquad$ (12) that there was no way she could $\qquad$ (13) anyone, so a party was out. Just then the door flew open. There were Ruthie,
$\qquad$ (14) and $\qquad$ (15) standing in the doorway, yelling "Surprise!" Each carried a $\qquad$ (16) filled with goodies. They also brought paper plates and cups. There was even a jug of lemon $\qquad$ (17). What started out as a dull evening turned out to be a fun time for all.





